



Fox Valley CARDIOVASCULAR Consultants

CARDIAC DIAGNOSTIC TESTING ORDER SHEET

2010

Today's Date _____ Patient Name _____ DOB _____

Height _____ Weight _____ Allergies _____

Patient Phone # _____ Ordering Physician Name _____

INSURANCE _____ Authorization #/RQI # (if required) _____ DIAGNOSIS/ICD-9 _____

All referrals made out to: Fox Valley Cardiovascular Consultants, LLC

Note: This does not replace referral forms required by most HMO/POS insurance plans.

These plans may require a referral be processed prior to a test being performed. Please check with individual plan guidelines.

- Echocardiography (93306)
- AV Optimization (93308,93321,93325,93284)

Vascular Studies (patient preparation on back)

- Carotid Doppler (93880)
- Abdominal/Aorta Ultrasound (93978)
- Renal Artery Duplex (93975)
- Mesenteric Duplex (93976)
- Ankle-Brachial Index (ABI) (93922)
- ABI w/exercise (93924)

ARTERIAL STUDIES:

- Lower Extremity: Bilateral Study (93922, 93925)
- Lower Extremity: Unilateral/Limited Study (93926)
- Upper Extremity: Bilateral Study (93930)
- Upper Extremity: Unilateral Study (93931)

VENOUS STUDIES

- Upper /Lower Extremity: Bilateral Study (93970)
- Upper Extremity: Unilateral Study (93971)

Stress Testing: (patient preparation on back)

- Regular Treadmill Exercise Stress Test (93015)
- Stress Echocardiogram (93351)
 - W/Dobutamine (add J1250)
- Nuclear (Myoview) Stress Test (93015,78452,A9502)
- Nuclear Stress w/Pharmacological Agent (93015,78452,A9502, add Adenosine -J0152 or Dobutamine-J1250-or Lexiscan J2785)
- MUGA (78472)
- EKG (93000)
- T Wave Alternans Test (93025)
- Ambulatory Blood Pressure Monitor (93784)
- Holter Monitor-24 hour (93224)
- Event Monitor-30 day (93228,93270,93271,93272,93268)

Physician Signature _____

(Signed written order required in order to perform requested tests)

Date of Appointment _____ Time of Appointment _____

- 2088 Ogden Avenue, Suite 160, Aurora, IL 60504
- 1320 N. Highland Ave, Suite A, Aurora, IL 60506

(Map and Patient Instructions on Reverse Side of This Sheet)

**PATIENTS: CALL (630) 851-6440 TO SCHEDULE
DOCTORS: PLEASE FAX TO (630) 851-7001 & GIVE COPY TO PATIENT**

☐ VASCULAR STUDY PREPARATION

Renal Artery, Abdominal Aorta, Mesenteric Artery Ultrasound, Abdominal Aortic Aneurysm Screenings

- DO NOT eat or drink anything except water after midnight before your test.
- Medications can be taken with water No juice, milk etc.
- NO smoking or chewing gum the morning of the exam
- If you are diabetic, dry toast is allowed with water.

GENERAL STRESS TEST PREPARATION

- **Arrival Times:** Please arrive 15 minutes before your scheduled appointment time.
- **Holding Medication Prior To Testing:** We recommend that you take your usual medicines EXCEPT for your betablockers 24 hours prior to your test. (Examples: Atenolol, Tenormin, Carvedilol, Coreg, Metoprolol, Lopressor, Toprol XL, Pindolol, Inderal, Propranolol or Tenoretic) Betablocker medications may reduce the accuracy of your stress test. Please consult your physician to review your current medications as they apply to your scheduled stress test.
- **Fasting:** DO NOT eat or drink anything except water 4 hours before your test. In fact, drinking plenty of water is helpful for tests requiring an IV such as a nuclear stress test.
- **NO nicotine or caffeine for 12 hours prior to your test.**

☐ Treadmill Stress Tests without imaging

- On the morning of the exam, do not use lotion or powder on your body.
- Wear a comfortable, loose-fitting, two-piece outfit and exercise shoes.
- Allow 1 to 2 hours from arrival until the exam is complete.

☐ Nuclear Stress Tests (with or without Adenosine)

- Plan to be at our office for 5 hours to complete your exam.
- Test will require you to lay flat with arms above your head for 20 minutes. Please let center staff prior to appointment if this is not possible for medical reasons.
- A 24 hour cancellation notice is required to avoid being billed for the radioactive materials.
- Please wear (or bring with you) comfortable clothing and shoes for walking on the treadmill.
- NO perfumes, body lotions or powder. NO necklaces or medallions.
- Please bring reading material for the required waiting periods during your exam.

☐ Stress Echocardiography (with or without Dobutamine)

- On the morning of the exam, do not use lotion or powder on your body.
- Wear a comfortable, loose fitting, two piece outfit and exercise shoes.
- Allow 1 to 2 hours from arrival until the exam is complete.

DIRECTIONS

☐ FVCC-East Aurora

2088 Ogden Avenue, Suite 160, Aurora, IL 60504

From the West:

Take Route 47 or Orchard Road south to US 30, then go east to Ogden (Route 34). Head east on Ogden Avenue about 1 mile. Or head east on Ogden. The Rush-Copley Heart Institute's entrance is only 1 mile east of US 30. Or take I-88 east to Route 59 exit. Go south about 3 miles to Ogden. Head west (right) about 4 miles to Rush-Copley Heart Institute.

From the South:

Take Route 59 north to Montgomery Road west (left) to Rush-Copley Heart Institute entrance. Or head north on US 30 or Route 47, then head east on Ogden (Route 34) to Rush-Copley Heart Institute.

From the East:

Take 75th Street west into Ogden (Route 34). Continue west (left) on Ogden about 2 miles to Rush-Copley Heart Institute entrance. Or head west on I-88 to the Route 59 exit. Head south on Route 59 about 3 miles to Ogden. Then head west (right) about 4 miles.

From the North:

Proceed south on Route 25 to Mill Street. Head east on Mill, which turns into Montgomery Road. Follow Montgomery for about 3 miles to Rush-Copley Heart Institute entrance. Or head south on Route 59 to Ogden (Route 34). Proceed west (right) on Ogden about 4 miles.

☐ FVCC-West Aurora

1320 N. Highland Avenue, Suite A, Aurora, IL 60506

From The East:

Take I-88 West toward Aurora. Take the IL-31 exit toward Aurora / Batavia. Turn Right onto S. Lincolnway / IL-31 and proceed south about 1/2 mile to Sullivan Road. Turn Right onto Sullivan Rd. and proceed west about 1/2 mile to Highland Ave. Turn Left onto N. Highland Ave. and proceed south to the entrance.

From the West:

Take I-88 East. Take the IL-31 / IL-56 exit toward Aurora / Batavia. Turn Right onto S. Lincolnway / IL-31 and proceed south about 1/2 mile to Sullivan Road. Turn Right onto Sullivan Rd. and proceed west about 1/2 mile to Highland Ave. Turn Left onto N. Highland Ave. and proceed 1 south to the entrance.

From the South:

Take Route 25 north to Indian Trail. Turn left on Indian Trail and proceed west to the entrance.

From the North:

Proceed south on Route 31 to Sullivan Road. Turn right on Sullivan Road and proceed west to Highland Ave. Turn left on Highland Ave. and proceed south to the entrance. *From Route 59:* Take Aurora Avenue (New York Street) west to Route 31 (Lake Street). Turn right on Lake Street and proceed north, about 1/2 mile to Indian Trail. Turn left on Indian Trail and proceed west to the entrance.